### PRESS RELEASE

#### **SOMETHING TO SMILE ABOUT?**

Ray Duffy of York, Jack Frost a resident of Portsmouth and Dave Fox from Devon have something to smile about.

All former Royal Corps of Signals personnel and proud ex members of 216 Parachute Signal Squadron have for many years held the prestigious position of Queen's Body Guard of the Yeomen of the Guard. (Not to be confused with Yeoman Warders who work in the Tower of London).

All carry out their ceremonial duties in Buckingham Palace, Windsor Castle or Parliament. They participate in Investitures, State Opening of Parliament, Royal Garden Parties and many other State occasions.

They first served together as members of the Parachute Signal Squadron and continue to serve today in the smallest and oldest Corps in the British Army - and the Oldest Royal Body Guard in the World (Formed by Henry VII in 1485).

Their Record of Service is as follows:

Yeoman Ray Duffy – enlisted 1964 – Retired 2007 – a total military service (which includes full time service as a Permanent Staff Administrative Officer) (PSAO) – 43 years. He has held the appointment of Queen's Body Guard (To date) for 8 years.

Yeoman Jack Frost – Enlisted 1957 – Retired 2001 – total time service – including service as
PSAO – 44 years. Held appointment of Queen's Body Guard (To date) for 14 years.
Yeoman Dave Fox – Enlisted 1964 – Retired in 2007. Total full time service (including
NRPS) – 43 years. Held appointment of Queen's Body Guard (To date) for 11 years)

	Full Time Service	Yeoman	Airborne Service
Ray Duffy Capt R SIGNALS (Retd)	43 years	8 years	10 years

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Jack Frost Capt RSIGNALS (Retd)	44 years	14 years	6 years
Dave Fox WO 2 SSM//RQMS) (Retd)	43 years	11 years	8 years
Total Years	<u>131 YEARS</u>	33 YEARS	24 YEARS
Picture:			

## Left to Right:

Dave Fox MBE, Ray Duffy, Jack Frost MBE,

# CAN YOU BEAT IT?

